

PODS  
PHARMA



# PRODUCT CATALOGUE

400+ OPTIONS | GMP WHO + ISO | NEUTRAL CODE



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# ABOUT PODS PHARMA

**PODS Pharma**, a **division of Poddar Group Ltd**, is redefining access to essential medicines in the Indian generics market and beyond. Built on the global healthcare foundation established by PODS Health, PODS Pharma leverages an international supply chain and world-class manufacturing network to deliver high-quality, affordable **pharmaceutical solutions** at scale.

Headquartered in India, PODS Pharma operates with a clear vision: **to make trusted, effective generics** more accessible across emerging and underserved markets. With a growing portfolio of over 400 formulations across therapeutic categories, we provide comprehensive solutions to **pharmacies, hospitals, government programs, and healthcare providers**.

From formulation to distribution, every step is driven by a commitment to quality, compliance, and cost-efficiency. By combining innovation, scalability, and strong on-ground partnerships, PODS Pharma is not just participating in the generics sector, it is setting new benchmarks for **impact and reach**.



# QUALITY AND PRODUCTION

At PODS Pharma, quality is the foundation of everything we do. All of our pharmaceutical products are manufactured in globally certified facilities across India, ensuring compliance with the highest international standards. Our partner manufacturing units hold certifications such as:

- GMP WHO
- ISO 9001
- ISO 14001

To maintain these standards, the PODS Pharma team conducts regular on-site inspections, overseeing every stage of the production process. This ensures that each product is manufactured with precise specifications, consistent quality, and complete traceability.

By aligning stringent quality control with modern production capabilities, PODS Pharma guarantees safe, reliable, and effective medicines that meet both regulatory requirements and the real-world needs of healthcare providers.

# PRODUCT SNAPSHOT

## POD - DSR

RABEPRAZOLE SODIUM 20MG,  
DOMPERDONE 30MG CAPS

Form - Capsule  
Packaging - 10 capsules per strip  
Packaging material - Aluminium foil strip  
Category - Adults  
Schedule H Drug



Manufactured at a  
GMP certified plant



9001 and 14001  
certified plant

## POD - SP

ACECLOFENAC 100MG,  
PARACETAMOL 325MG,  
SERRATIOPEPTIDASE 15MG

Form - Tablet  
Packaging - 10 tablets per strip  
Packaging material - Aluminium foil strip  
Category - Adults  
Schedule H Drug



Manufactured at a  
GMP certified plant



9001 and 14001  
certified plant

## POD - 250

AZITHROMYCIN  
250MG TABLET

Form - Tablet  
Packaging - 10 tablets per strip  
Packaging material - Aluminium foil strip  
Category - Adults  
Schedule H Drug



Manufactured at a  
GMP certified plant



9001 and 14001  
certified plant

## POD - 5

LEVOCETIRIZINE DI HCL  
5MG TABLET

Form - Tablet  
Packaging - 10 tablets per strip  
Packaging material - Aluminium foil strip  
Category - Adults  
Schedule H Drug



Manufactured at a  
GMP certified plant



9001 and 14001  
certified plant

## POD - AM

LEVOCETIRIZINE DI HCL 5MG,  
MONTELUKAST 10MG, AMBROXOL  
HCL 75MG TABLET

Form - Tablet  
Packaging - 10 tablets per strip  
Packaging material - Aluminium foil strip  
Category - Adults  
Schedule H Drug



Manufactured at a  
GMP certified plant



9001 and 14001  
certified plant

## POD - LIN 250

AMOXICILLIN  
250MG CAPSULE

Form - Capsule  
Packaging - 10 capsules per strip  
Packaging material - Blister  
Category - Adults  
Schedule H Drug



Manufactured at a  
GMP certified plant



9001 and 14001  
certified plant

## POD - LIN 500

AMOXICILLIN  
500MG CAPSULE

Form - Capsule  
Packaging - 10 capsules per strip  
Packaging material - Blister  
Category - Adults  
Schedule H Drug



Manufactured at a  
GMP certified plant



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certified plant

## POD - PDS

PARACETAMOL 250MG, MEFENAMIC  
100ML SUSPENSION 60ML

Form - Syrup  
Packaging - Bottle  
Category - Pediatrics  
Schedule H Drug



Manufactured at a  
GMP certified plant



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## POD - PDS

PARACETAMOL 125MG, MEFENAMIC  
100ML SUSPENSION 60ML

Form - Syrup  
Packaging - Bottle  
Category - Pediatrics  
Schedule H Drug



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## POD - LM

LEVOCETIRIZINE DI HCL  
2.5MG, MONTELUKAST 4MG  
SUSPENSION 60ML

Form - Syrup  
Packaging - Bottle  
Category - Pediatrics  
Schedule H Drug



Manufactured at a  
GMP certified plant



9001 and 14001  
certified plant

**POD - CEF 50**

CEFIXIME 50MG DRY SYP 30ML  
WITH WATER

Form - Powder with sterile water  
Packaging - Bottle  
Category - Pediatrics  
Schedule H Drug



Manufactured at a  
GMP certified plant



9001 and 14001  
certified plant

**POD - CEF 100**

CEFIXIME 100MG DRY SYP 30ML  
WITH WATER

Form - Powder with sterile water  
Packaging - Bottle  
Category - Pediatrics  
Schedule H Drug



Manufactured at a  
GMP certified plant



9001 and 14001  
certified plant

**POD - DOX 50**

CEFPODOXIME 50MG DRY SYP  
30ML WITH WATER

Form - Powder with sterile water  
Packaging - Bottle  
Category - Pediatrics  
Schedule H Drug



Manufactured at a  
GMP certified plant



9001 and 14001  
certified plant

**POD - DOX 100**

CEFPODOXIME 100MG DRY SYP  
30ML WITH WATER

Form - Powder with sterile water  
Packaging - Bottle  
Category - Pediatrics  
Schedule H Drug



Manufactured at a  
GMP certified plant



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# GENERIC PORTFOLIO

## ANALGESIC & ANTIPYRETIC

Generics	Strength	Dosage form
Tramadol	50 mg	Capsule
Paracetamol	120 mg/5 ml	Suspension
Paracetamol	500 mg	Tablet
Paracetamol	500 mg	Caplet
Paracetamol	1000mg	Tablet
Paracetamol	80 mg/ml	Paediatric Drops
Paracetamol	120 mg/5 ml	Syrup
Paracetamol Caffeine	500 mg 65 mg	Tablet
Paracetamol	665 mg	Tablet
Paracetamol Tramadol	325 mg 37.5mg	Tablet
Tapentadol	50 mg	Sustained Release Tablet
Tapentadol	100 mg	Sustained Release Tablet

## ANTI - ACNE

Generics	Strength	Dosage form
Tretinoin	0.025%	Cream

## ANTI EMETIC

Generics	Strength	Dosage form
Ondansetron	4 mg	Oral Soluble Film
Ondansetron	8 mg	Oral Soluble Film
Ondansetron	8 mg	Tablet
Doxylamine Succinate Pyridoxine HCl	10 mg 10 mg	Tablet

## ANTI HIV

Generics	Strength	Dosage form
Efavirenz	600 mg	Tablet
Nelfinavir	250 mg	Tablet

## ANTICHOLELITHIC

Generics	Strength	Dosage form
Ursodeoxycholic Acid	150 mg	Tablet
Ursodeoxycholic Acid	300 mg	Tablet

## ANTI BALDNESS

Generics	Strength	Dosage form
Finasteride	1mg	Tablet

## ANTI INFECTIVE

Generics	Strength	Dosage form
Metronidazole	200 mg/5 ml	Suspension
Metronidazole	200 mg	Tablet
Metronidazole	400 mg	Tablet
Metronidazole	800 mg	Tablet
Nitazoxanide	500 mg	Tablet
Ivermectin	6mg	Tablet
Ivermectin	12mg	Tablet
Favipiravir	200mg	Tablet

## ANTI BACTERIAL

Generics	Strength	Dosage form
Linezolid	100 mg/5 ml	Suspension
Linezolid	400 mg	Tablet
Linezolid	600 mg	Tablet
Azithromycin	250 mg	Capsule & Tablet
Azithromycin	200 mg/5 ml	Suspension
Azithromycin	500 mg	Tablet
Ceftibuten dihydrate	400 mg	Capsule

Generics	Strength	Dosage form
Ceftibuten dihydrate	90 mg/5 ml	Powder for Suspension
Clindamycin	150 mg	Capsule
Clindamycin	300 mg	Capsule
Clindamycin Tretinoin	1% 0.025%	Gel
Cloxacillin	500 mg	Capsule
Cloxacillin	125 mg/5 ml	Syrup
Erythromycin	125 mg/5 ml	Suspension
Erythromycin	500 mg	Tablet
Levofloxacin	125 mg/5 ml	Oral Solution
Levofloxacin	250mg	Tablet
Levofloxacin	500 mg	Tablet
Levofloxacin	750 mg	Tablet
Flucloxacillin	125 mg/5 ml	Syrup
Flucloxacillin	250 mg	Capsule
Flucloxacillin	500 mg	Capsule
Flucloxacillin	250mg/5ml	Syrup
Fosfomycin	3mg	Oral Granules
Cephadrine	125 mg/5 ml	Suspension
Cephadrine	125 mg/1.25 ml	Paediatric Drops
Cephadrine	250 mg	Capsule
Cephadrine	500 mg	Capsule
Cephadrine	250 mg/5ml	Suspension

Generics	Strength	Dosage form
Doxycycline	100mg	Capsule
Trimethoprim Sulphamethoxazole	40 mg/5 ml 200 mg/5 ml	Suspension
Trimethoprim Sulphamethoxazole	160 mg 800 mg	Tablet
Ciprofloxacin	250 mg	Tablet
Ciprofloxacin	500 mg	Tablet
Ciprofloxacin	750 mg	Tablet
Ciprofloxacin	250 mg	Oral Granules
Ciprofloxacin	250mg/5ml	Suspension
Moxifloxacin	400 mg	Tablet
Tedizolid Phosphate	200 mg	Tablet
Cefixime	200 mg	Capsule
Cefixime	400 mg	Capsule
Cefixime	100 mg/5 ml	Suspension
Cefixime	200 mg/5 ml	Suspension
Cefuroxime	250 mg	Tablet
Cefuroxime	500 mg	Tablet
Cefuroxime	125 mg/5 ml	Suspension
Cefuroxime	250 mg/5 ml	Suspension
Cefpodoxime Proxetil	100 mg/5 ml	Paediatric Drops
Cefpodoxime Proxetil	40 mg/5 ml	Suspension
Cefpodoxime Proxetil	80 mg/5 ml	Suspension

## ANTICOAGULANT

Generics	Strength	Dosage form
Rivaroxaban	2.5 mg	Tablet
Rivaroxaban	10 mg	Tablet
Rivaroxaban	15 mg	Tablet
Rivaroxaban	20 mg	Tablet

## ANTICOLIC & ANTIFLATULENT

Generics	Strength	Dosage form
Simethicone	67 mg/ml	Paediatric Drops

## ANTIEPILEPTIC

Generics	Strength	Dosage form
Carbamazepine	200 mg	Tablet
Carbamazepine	200 mg	Controlled Release Tablet

## ANTIFIBRINOLYTIC

Generics	Strength	Dosage form
Tranexamic Acid	500 mg	Capsule

# ANTIDIABETIC

Generics	Strength	Dosage form
Glipizide	5mg	Tablet
Gliclazide	80 mg	Tablet
Gliclazide	30 mg	Modified Release Tablet
Gliclazide	60 mg	Modified Release Tablet
Glimepiride	1 mg	Tablet
Glimepiride	2 mg	Tablet
Glimepiride	3 mg	Tablet
Metformin	500 mg	Tablet
Metformin	850 mg	Tablet
Metformin	500 mg	Long Acting Tablet
Metformin	750 mg	Long Acting Tablet
Metformin	1000 mg	Long Acting Tablet
Empagliflozin	25 mg	Tablet
Empagliflozin Metformin	5mg 500mg	Tablet
Repaglinide	0.5 mg	Tablet
Repaglinide	1 mg	Tablet
Repaglinide	2 mg	Tablet

Generics	Strength	Dosage form
Sitagliptin	50 mg	Tablet
Sitagliptin	100 mg	Tablet
Sitagliptin Metformin Hydrochloride	50 mg 500mg	Tablet
Sitagliptin Metformin Hydrochloride	50 mg 1000 mg	Tablet
Sitagliptin Metformin Hydrochloride	50 mg 500 mg	XR Tablet
Sitagliptin Metformin Hydrochloride	50 mg 1000 mg	XR Tablet
Linagliptin	5 mg	Tablet
Linagliptin Metformin Hydrochloride	2.5 mg 500 mg	Tablet
Linagliptin Metformin Hydrochloride	2.5 mg 850 mg	Tablet
Linagliptin Metformin Hydrochloride	2.5 mg 1000 mg	Tablet
Voglibose	0.2 mg	Tablet
Voglibose	0.3 mg	Tablet

## ANTIGOUT AGENT

Generics	Strength	Dosage form
Febuxostat	40mg	Tablet

## ANTIFUNGAL

Generics	Strength	Dosage form
Fluconazole	50 mg	Capsule
Fluconazole	50 mg/5 ml	Suspension
Fluconazole	150 mg	Capsule
Fluconazole	200 mg	Capsule
Ketoconazole Pyrrithione Zinc	2% 1%	Shampoo
Terbinafine	250 mg	Tablet
Terbinafine	1 gm/100 gm	Cream

## ANTIHAEMORRHOIDAL

Generics	Strength	Dosage form
Cinchocaine Hydrocortisone Neomycin Esculin	0.5% 0.5% 1% 1%	Ointment

## ANTIHELMINTIC

Generics	Strength	Dosage form
Albendazole	400 mg	Tablet
Pyrantel	50 mg/ml	Suspension

## ANTI HISTAMINE

Generics	Strength	Dosage form
Cetirizine	10mg	Tablet
Cetirizine	5mg/5ml	Syrup
Cetirizine	2.5/ml	Paediatric Drops
Fexofenadine	60mg	Tablet
Fexofenadine	120mg	Tablet
Fexofenadine	180mg	Tablet
Fexofenadine	30mg/5ml	Syrup
Mebhydroline	50 mg	Tablet
Levocetirizine	5 mg	Tablet
Rupatadine	10 mg	Tablet
Rupatadine	1 mg/ml	Oral Solution
Desloratadine	5 mg	Tablet
Desloratadine	2.5 mg/5 ml	Syrup
Diphenhydramine	10 mg/5 ml	Syrup
Loratadine	10 mg	Tablet

## ANTI HYPERTENSIVE

Generics	Strength	Dosage form
Amlodipine Besylate	5 mg	Aerosol

Generics	Strength	Dosage form
Amlodipine Besylate	5 mg	Aerosol
Amlodipine Besylate	10 mg	Sustained Release Tablet
Amlodipine Besylate Atenolol	5 mg 25 mg	Tablet
Amlodipine Besylate Atenolol	5 mg 50 mg	Tablet
Amlodipine Bisoprolol Hemifumarate	5 mg 2.5 mg	Tablet
Atorvastatin Amlodipine Besylate	10 mg 5 mg	Tablet
Perindopril arginine Amlodipine	5mg 5mg	Tablet
Bisoprolol	2.5 mg	Tablet
Bisoprolol	5 mg	Tablet
Bisoprolol	10 mg	Tablet
Amlodipine Besylate Olmesartan Medoxomil	5 mg 20 mg	Tablet
Amlodipine Besylate Olmesartan Medoxomil	5 mg 40 mg	Tablet
Captopril	25 mg	Tablet
Nebivolol	2.5 mg	Tablet
Nebivolol	5 mg	Tablet
Nebivolol	10 mg	Tablet
Nebivolol Hydrochlorothiazide	5 mg 12.5 mg	Tablet
Carvedilol	12.5 mg	Tablet

Generics	Strength	Dosage form
Carvedilol	6.25 mg	Tablet
Enalapril	5 mg	Tablet
Indapamide	1.5 mg	Sustained Release Tablet
Labetalol HCl	200 mg	Tablet
Trimetazidine	35 mg	Modified Release Tablet
Olmesartan Medoxomil	10 mg	Tablet
Olmesartan Medoxomil	20 mg	Tablet
Olmesartan Medoxomil	40 mg	Tablet
Olmesartan Medoxomil Hydrochlorothiazide	20 mg 12.5 mg	Tablet
Losartan Potassium	25 mg	Tablet
Losartan Potassium	50 mg	Tablet
Losartan Potassium Hydrochlorothiazide	50 mg 12.5 mg	Tablet
Telmisartan	40 mg	Tablet
Telmisartan	80 mg	Tablet
Telmisartan Hydrochlorothiazide	40 mg 12.5 mg	Tablet
Amlodipine Telmisartan	5 mg 40 mg	Tablet
Amlodipine Telmisartan	5 mg 80 mg	Tablet

## ANTIMIGRAINE

Generics	Strength	Dosage form
Pizotifen	0.5 mg	Tablet
Flunarizine	5 mg	Tablet
Flunarizine	10 mg	Tablet
Tolfenamic Acid	200 mg	Tablet

## ANTIPLATELET

Generics	Strength	Dosage form
Clopidogrel	75 mg	Tablet
Clopidogrel Aspirin	75 mg 75 mg	Tablet
Ticagrelor	90 mg	Tablet

## ANTIREFLUX THERAPY

Generics	Strength	Dosage form
Sodium Alginate Potassium Bicarbonate	500 mg/5 ml 100 mg/5 ml	Suspension
Sodium Alginate Potassium Bicarbonate	500 mg 100 mg	Tablet

## ANTISPASMODIC

Generics	Strength	Dosage form
Tiemonium Methylsulfate	50 mg	Tablet
Dicycloverine	10 mg	Tablet
Mebeverine	135 mg	Tablet
Mebeverine	200 mg	Sustained Release Capsule
Hyoscine Butylbromide	10 mg	Tablet
Drotaverin	40 mg	Tablet

## ANTIULCERANT

Generics	Strength	Dosage form
Rabeprazole	20 mg	Tablet
Rabeprazole	20mg	Capsule
Sucralfate	500 mg	Tablet
Sucralfate	1000 mg	Tablet
Misoprostol	200 mcg	Tablet
Ranitidine	75 mg/5 ml	Syrup
Ranitidine	150 mg	Tablet
Esomeprazole	20 mg	Capsule & Tablet
Esomeprazole	40 mg	Capsule & Tablet

Generics	Strength	Dosage form
Esomeprazole MUPS	20mg	Tablet
Esomeprazole MUPS	40mg	Tablet
Pantoprazole	20 mg	Tablet
Pantoprazole	20 mg	Tablet
Omeprazole	20 mg	Capsule
Omeprazole	40 mg	Capsule
Lansoprazole	30 mg	Capsule
Famotidine	20 mg	Tablet
Famotidine	40 mg	Tablet

## ASTHMA PROPHYLACTIC

Generics	Strength	Dosage form
Montelukast	10 mg	Tablet
Montelukast	4 mg	Tablet
Montelukast	5 mg	Tablet
Formoterol Budesonide	4.5 mcg/act. 80 mcg/act.	pMDI
Formoterol Budesonide	4.5 mcg/act. 160 mcg/act.	pMDI

Generics	Strength	Dosage form
Formeterol Budesonide	6 mcg 100 mcg	DPI
Formeterol Budesonide	6 mcg 200 mcg	DPI
Formeterol Budesonide	12 mcg 400 mcg	DPI
Formoterol Budesonide	6 mcg 100 mcg	mDPI
Formoterol Budesonide	6 mcg 200 mcg	mDPI
Formoterol Budesonide	12 mcg 400 mcg	mDPI
Ketotifen	1 mg	Tablet
Ketotifen	1 mg/5 ml	Syrup

## BRONCHODILATOR

Generics	Strength	Dosage form
Salbutamol	2 mg	Tablet
Salbutamol	4 mg	Tablet
Salbutamol	200 mcg/capsule	DPI
Theophylline	200 mg	Sustained Release Tablet
Salbutamol	2 mg/5 ml	Syrup

Generics	Strength	Dosage form
Doxophylline	400 mg	Tablet
Doxophylline	100 mg/5 ml	Syrup
Doxophylline	200 mg	Tablet
Levosalbutamol	1 mg/5 ml	Syrup
Levosalbutamol	1 mg	Tablet
Levosalbutamol	2 mg	Tablet

## CNS ANTIDEPRESSANT

Generics	Strength	Dosage form
Fluphenazine Nortriptyline	0.5 mg 10 mg	Tablet
Amitriptyline Chlordiazepoxide	12.5 mg 5 mg	Tablet
Flupentixol Melitracen	0.5 mg 10 mg	Tablet
Flupentixol	0.5 mg	Tablet
Flupentixol	1 mg	Tablet
Fluoxetine	20 mg	Capsule

## COUGH EXPECTORANT

Generics	Strength	Dosage form
Ambroxol Hydrochloride	6 mg/ml	Paediatric Drops
Ambroxol Hydrochloride	15 mg/5 ml	Syrup
Guaifenesin Dextromethorphan Menthol	200 mg 15 mg 15 mg /5 ml	Syrup

## COUGH SUPPRESSANT

Generics	Strength	Dosage form
Dextromethorphan	10 mg/5 ml	Syrup
Dextromethorphan Phenylephrine Triprolidine	20 mg 10 mg 2.5 mg/5 ml	Syrup

## DIGESTIVE ENZYME

Generics	Strength	Dosage form
Pancreatin	325 mg	Tablet

## DIURETIC

Generics	Strength	Dosage form
Spironolactone Frusemide	50 mg 20 mg	Tablet
Spironolactone Frusemide	50 mg 40 mg	Tablet

## EMOLLIENT

Generics	Strength	Dosage form
Zinc Oxide	40% w/w	Cream

## ERECTILE DYSFUNCTION

Generics	Strength	Dosage form
Tadalafil	10 mg	Tablet
Tadalafil	20 mg	Tablet
Sildenafil	50 mg	Tablet
Sildenafil	100 mg	Tablet

## GASTROINTESTINAL SYSTEM

Generics	Strength	Dosage form
Al Hydroxide Mg Hydroxide Simethicone	400 mg 400 mg 30 mg ml	Tablet
Magaldrate Simethicone	480 mg/5 ml 20 mg/5	Suspension
Magaldrate Simethicone	480 mg 20 mg	Chewable Tablet
Al Oxide Mg Hydroxide Simethicone	200 mg/5 ml 400 mg/5 ml 30 mg/5 ml	Suspension
Al Hydroxide Mg Hydroxide	250 mg 400 mg	Tablet
Al Hydroxide Mg Hydroxide	175 mg/5 ml 225 mg/5 ml	Suspension

## GASTROPROKINETIC

Generics	Strength	Dosage form
Domperidone	10 mg	Tablet
Domperidone	5 mg/ml	Paediatric Drops
Domperidone	5 mg/5 ml	Suspension
Domperidone	10mg	Meltab

## HEPATOPROTECTIVE & CHOLAGOGUE

Generics	Strength	Dosage form
Ursodeoxycholic acid	150 mg	Tablet
Ursodeoxycholic acid	300 mg	Tablet

## LAXATIVE

Generics	Strength	Dosage form
Magnesium Hydroxide Liquid Paraffin	300 mg/5 ml 1.25 ml/5 ml	Oral Emulsion
Lactulose	3.35 gm/5 ml	Syrup

## LIPID LOWERING AGENT

Generics	Strength	Dosage form
Atorvastatin	10 mg	Tablet
Atorvastatin	20 mg	Tablet
Atorvastatin	40 mg	Tablet
Ezetimibe	10 mg	Tablet
Fenofibrate	200 mg	Capsule
Rosuvastatin	5 mg	Tablet

Generics	Strength	Dosage form
Rosuvastatin	10 mg	Tablet
Rosuvastatin	20 mg	Tablet
Rosuvastatin	40 mg	Tablet

## MUCOLYTIC AGENT

Generics	Strength	Dosage form
Acetylcysteine	600 mg	Dispersible Tablet

## MUSCULOSKELETAL

Generics	Strength	Dosage form
Etoricoxib	60 mg	Tablet
Etoricoxib	90 mg	Tablet
Etoricoxib	120 mg	Tablet
Baclofen	10 mg	Tablet
Tizanidine	2 mg	Tablet
Tolperisone HCl	50 mg	Tablet
Methyl Salicylate Menthol	15% 10%	Cream
Methyl Salicylate Menthol	30% 8%	Cream

## NEUROMODULATOR & NEUROPROTECTOR

Generics	Strength	Dosage form
Citicoline	500 mg	Tablet

## NEUROPATHIC PAIN MANAGEMENT

Generics	Strength	Dosage form
Pregabalin	25mg	Capsule
Pregabalin	50mg	Capsule
Pregabalin	75mg	Capsule

## NSAIDS

Generics	Strength	Dosage form
Dexibuprofen	300 mg	Tablet
Dexibuprofen	400 mg	Tablet
Naproxen Esomeprazole	375 mg 20 mg	Tablet
Naproxen Esomeprazole	500 mg 20 mg	Tablet
Mefenamic Acid	50 mg/5 ml	Suspension
Mefenamic Acid	500 mg	Tablet
Tenoxicam	20 mg	Tablet

Generics	Strength	Dosage form
Naproxen	250 mg	Tablet
Naproxen	500 mg	Tablet
Ibuprofen	100 mg/5 ml	Suspension
Ibuprofen	200 mg	Tablet
Ibuprofen	400 mg	Tablet
Diclofenac Sodium	100 mg	Sustained Release Tablet
Diclofenac Sodium	25 mg	Tablet
Diclofenac Sodium	50 mg	Tablet
Diclofenac Sodium	1 gm/100 gm	Gel
Ketorolac	10 mg	Tablet
Ketorolac Tromethamine	10 mg	Mouth Dissolving Tablet
Aceclofenac	100 mg	Tablet

## OVULATORY STIMULANT

Generics	Strength	Dosage form
Clomiphene Citrate	50mg	Tablet

## SCABICIDAL

Generics	Strength	Dosage form
Permethrin	5%	Cream

## TOPICAL ANTI-INFLAMMATORY

Generics	Strength	Dosage form
Clobetasol	0.05%	Cream
Clobetasol	0.05%	Ointment

## TOPICAL ANTIBACTERIAL

Generics	Strength	Dosage form
Silver Sulphadiazine	1%	Cream
Gentamicin	0.30%	Cream

## TOPICAL ANTIBACTERIAL + ANTIFUNGAL + ANTI-INFLAMMATORY

Generics	Strength	Dosage form
Neomycin Sulfate Nystatin Clobetasol Propionate	0.5% 100000 units 0.05%	Cream
Neomycin Sulfate Nystatin Clobetasol Propionate	0.5% 100000 units 0.05%	Ointment

## TOPICAL ANTIFUNGAL

Generics	Strength	Dosage form
Miconazole	2%	Oral Gel
Clotrimazole	0.10%	Cream
Clotrimazole	0.2 g	Vaginal Tablet
Terbinafine	1%	Cream

## TOPICAL ANTIFUNGAL + ANTI-INFLAMMATORY

Generics	Strength	Dosage form
Econazole Nitrate Triamcinolone	1% 0.1%	Cream
Clotrimazole Hydrocortisone	1% 1%	Cream

## TRANQUILLIZER

Generics	Strength	Dosage form
Clobazam	10 mg	Tablet
Bromazepam	3 mg	Tablet
Clonazepam	0.5 mg	Tablet
Clonazepam	2 mg	Tablet
Alprazolam	0.25 mg	Tablet
Alprazolam	0.5 mg	Tablet

## UROGENITAL

Generics	Strength	Dosage form
Finasteride	5 mg	Tablet
Tamsulosin	0.4 mg	Capsule
Tamsulosin Dutasteride	0.4 mg 0.5 mg	Capsule
Mirabegron	25mg	Tablet
Mirabegron	50mg	Tablet

## WOUND HEALER

Generics	Strength	Dosage form
Lysine Hydrochloride	150 mg/gm	Ointment

## NUTRITIONAL SUPPLEMENTS

Generics	Strength	Dosage form
Calcium	500 mg	Tablet
Calcium Vitamin D	500 mg 200 IU	Tablet
Vitamin D Calcium Copper Magnesium Manganese Zinc Boron	200 IU 600 mg 1 mg 40 mg 1.8 mg 7.5 mg 250 mg	Tablet
Ferrous Sulphate	200 mg/5 ml	Syrup
Vitamin B1 Vitamin B2 Vitamin B6 Nicotinamide	5 mg/5 ml 2 mg/5 ml 2 mg/5 ml 20 mg/5 ml	Syrup
Vitamin B1 Vitamin B2 Vitamin B6 Nicotinamide	5 mg 2 mg 2 mg 20 mg	Tablet
11 Vitamins 5 Minerals & Iron		Tablet
Vitamin C	250 mg	Tablet
Coral Calcium Carbonate Cholecalciferol	500 mg 200 IU	Tablet
Coral Calcium Carbonate Cholecalciferol	600 mg 400 IU	Tablet

Generics	Strength	Dosage form
14 Vitamins 18 Minerals including Iron, Folic Acid and Zinc	2000 IU/5 ml	Tablet
Vitamin A Vitamin B1 Vitamin B2 Vitamin B6 Vitamin C Vitamin D Vitamin E Nicotinamide Cod Liver Oil	2000 IU/5 ml 0.70 mg/5 ml 0.85 mg/5 ml 0.35 mg/5 ml 17.50 mg/5 ml 200 IU/5 ml 1.50 mg/5 ml 9.00 mg/5 ml 100.00 mg/5 ml	Syrup
Multivitamins and minerals		Tablet
for teenage girls 21 Multivitamin & Multimineral		
for teenage boys 21 Multivitamin & Multimineral		Tablet
for teenage girls Calcium Orotate	400 mg	
for teenage girls Calcium Orotate	740 mg	Tablet
Calcium Orotate Ibandronic Acid	150 mg 400 mg	Tablet
Calcium Orotate	330 mg	Tablet
Levocarnitine	2000 IU	Tablet
Cholecalciferol	20000 IU	Tablet

Generics	Strength	Dosage form
Cholecalciferol	40000 IU	Tablet
Cholecalciferol	500 mg/10 ml	Capsule
Ferric carboxymaltose	275 mg	Capsule
Zinc Diacerein	50 mg 750 mg	Tablet
Glucosamine Sulfate Vitamin B1 Vitamin B2 Nicotinamide Vitamin B6 Vitamin B12 Folic Acid Vitamin C Vitamin D Vitamin E Betacarotene Calcium Phosphorus Magnesium IronZinc	500 mcg 750 mcg 7.5 mg 750 mcg 1.5 mcg 250 IU 15 mg 250 IU 5.2 IU 3 mg 59 mg 45.6 mg 15 mg 5 mg 8 mg125 mcg	Tablet
Iodine Vitamin B1 Vitamin B6	100 mg 200 mg 200 mcg	Tablet
Vitamin B12 Vitamin A Vitamin D Vitamin C Thiamine Hydrochloride Riboflavin Pyridoxine Hydrochloride Niacinamide Iron-Sucrose Iron Polymaltose Thiamine Riboflavin Pyridoxine Nicotinamide	1.2 mg 10 mg 50 mg 1 mg 0.5 mg 1 mg 5 mg 3 mg 200 mg/5 ml 5 mg/5 ml 2 mg/5 ml 2 mg/5 ml 20 mg/5 ml 10 mg/5 ml	Paediatric Drops          Syrup
Zinc Sulfate Monohydrate	10 mg/5 ml	Syrup

# ABOUT **PODS** **NUTRACEUTICAL**

At **PODS Health**, we believe that **nature holds the key to holistic well-being**. Our nutraceutical division is rooted in the idea that **food can serve as powerful medicine**, blending the best of **nutrition and pharmaceutical science** to create products that support preventive health and targeted therapeutic care.

The term “**nutraceutical**”, coined by Dr. Stephen DeFelice in 1989, combines the words nutrition and pharmaceutical. As defined by the U.S. FDA, a nutraceutical is any substance that is a food or part of a food that provides medical or health benefits, including the prevention and treatment of disease.



# OUR PHILOSOPHY



We are committed to delivering **science-backed, nature-derived formulations** that help people live healthier lives.

Each of our products is designed to target specific health concerns while promoting overall wellness. We combine traditional knowledge with modern research to develop **synergistic blends of nutrients, herbs, and bioactive compounds**.

# OUR **PRODUCT** CATEGORIES

PODS Nutraceutical offers a comprehensive portfolio of health-focused supplements, developed to address the needs of diverse demographics and medical conditions. Our key health categories include:



## **Immunity Support**

Strengthening the body's natural defense mechanisms



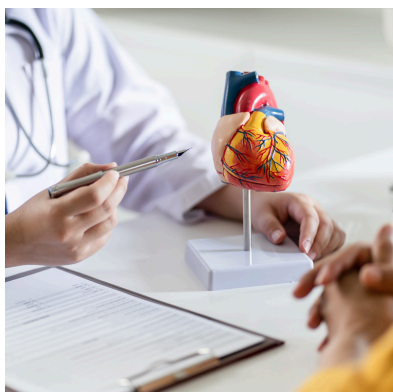
## **Kidney Health (Nephro Care)**

Supporting renal function and urinary tract health



## **Women's Health**

Hormonal balance, reproductive health, and nutritional needs across life stages



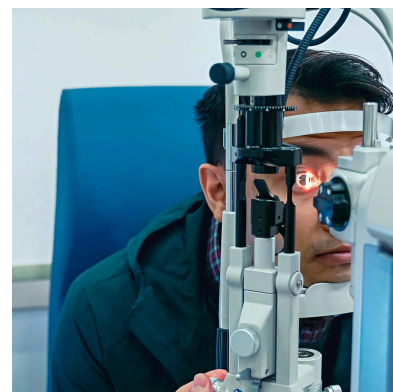
## **Heart Care**

Cardiovascular wellness and cholesterol management



## **Skin & Beauty Care**

Antioxidant-rich formulas for healthy skin, hair, and nails



## **Eye Care**

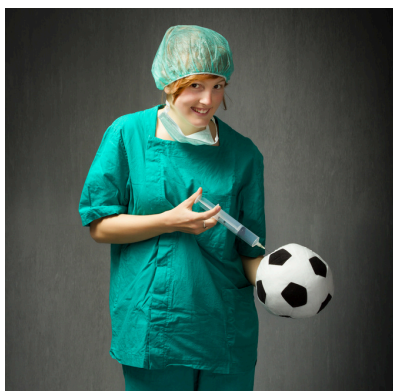
Vision protection and retinal support



**Orthopaedic Health**  
Bone, Joint, and mobility  
support



**Children's Health**  
Nutritional solutions tailored for  
growing bodies and developing  
immunity



**Sports Nutrition**  
Performance, endurance, and  
post-workout recovery



**Sexual Wellness**  
Enhancing vitality and  
reproductive health in men and  
women



# OUR SUPPLEMENT FORMATS

We offer an extensive range of supplement formats to meet consumer preferences and enhance user experience:

- **Capsules**
- **Softgels**
- **Tablets**
- **Powders**
- **Gummies**



To ensure our products are both effective and enjoyable, we customize flavours, colours, and formats for differentiation in a competitive market. From chewables for kids to high-performance capsules for athletes, our formulations are tailored to lifestyle, age, and health goals.



## FISH OIL OMEGA-3

Boosts Heart, Brain, Skin, Eye, Joint Health,  
Reduces Blood Triglyceride Level Molecular  
Distilled and  
Purified Natural & Non GMO

### SUPPLEMENT FACTS

Serving Size: 1 Softgel	Amount Per Serving	%RDA*
Serving Per Container: 60		
Energy	9.0 Kcal	0.38%
Carbohydrates	0.0 gm	**
Protein	0.0 gm	0.0%
Fat	3.0 gm	6%
Omega Triglyceride (from Fish Oil)	3000 mg	**
Eicosapentaenoic Acid (EPA)	360 mg	**
Docosahexaenoic Acid (DHA)	240 mg	**



## L-CARNITINE

Converts Fat To Energy  
Improves Athletic Performance  
Supports Weight Management

### SUPPLEMENT FACTS

Serving Size: 15 ml (1/2 tablespoon)	Amount Per Serving	%RDA*
Serving Per Container: 20		
L-Carnitine	1500 mg	**
NUTRITIONAL INFORMATION PER SERVING (APPROX VALUES)		
Energy	2 Kcal	0.08%
Fat	0.0 g	0.0%
Carbohydrates	0.0 g	**
Protein	0.0 g	0.0%



## FOR MEN FAT BURNER

Store in a cool, dry & dark place.  
Keep all medicines out of reach of children.

### SUPPLEMENT FACTS

Serving Size: 1 Capsule	Amount Per Serving	%RDA*
Serving Per Container: 60		
L-Carnitine L-Tartrate	300mg	**
Green Coffee Bean Extract (Standardized to 45% Chlorogenic Acid)	200mg	**
Green Tea Extract (Standardized to 60% polyphenols)	200mg	**
Caffeine Anhydrous	200mg	**
Coldus Extract (Galeosin Forkodon Root)	50mg	**
Black Pepper Extract (Standardized 95% Extract)	5mg	**
Chromium Picolinate	100mcg	**



## JOINT SUPPORT

Improve Muscle And Ligament Damage  
Enhance Joint Flexibility  
For Osteoarthritis

### SUPPLEMENT FACTS

Serving Size: 2 Tablets	Amount Per Serving	%RDA*
Serving Per Container: 30		
Energy	0.6 Kcal	0.025%
Carbohydrates	0.150 gm	**
Protein	0 gm	0.0%
Fat	0 gm	0.0%
Glucosamine Sulphate Potassium Chloride	300mg	**
Chondroitin Sulphate	400mg	**
MSM (Methyl Sulphonyl Methane)	300mg	**
Terremin Extract	50mg	**
Ginger Root Extract	50mg	**



## CALCIUM+ VITAMIN-D

- Helps In Bones Strengthening
- Helps In Teeth Strengthening
- Improve Joint Flexibility

### SUPPLEMENT FACTS

Serving Size: 1 Tablet	Amount Per Serving	%RDA*
Serving Per Container: 60		
Calcium Carbonate	625 mg	**
e.q To Elemental Calcium	250 mg	41.6%
Vitamin D	400 IU	100%



## FOR WOMEN FAT BURNER

Store in a cool, dry & dark place.  
Keep all medicines out of reach of children.

### SUPPLEMENT FACTS

Serving Size: 1 Capsule	Amount Per Serving	%RDA*
Serving Per Container: 60		
Garlicia Cartilage (50% HCA)	200mg	**
Green Tea (90% polyphenol)	100mg	**
Green Coffee Beans Extract	50mg	**
Coldus Forkodon Extract	50mg	**
Chromium Picolinate	100mcg	25%



## DAILY MULTI VITAMIN

Vitamin & Minerals Replenishment  
Muscle Building / Antioxidant Levels  
Immunity / Metabolism

SUPPLEMENT FACTS		
Serving Size: 1 Tablet		
Amount Per Serving		
Serving Per Container: 60		
Vitamin A	5000 IU	100%
Vitamin B1	10 mg	200%
Vitamin B2	10 mg	200%
Vitamin B3	20 mg	400%
Vitamin B5	10 mg	200%
Vitamin B6	10 mg	200%
Vitamin B12	1000 mcg	200%
Vitamin C	1000 mg	200%
Vitamin D	400 IU	100%
Vitamin E	100 IU	200%
Vitamin K	100 mcg	200%
Calcium	250 mg	50%
Iron	10 mg	200%
Zinc	10 mg	200%
Copper	1 mg	200%
Manganese	10 mg	200%
Selenium	100 mcg	200%
Chromium	100 mcg	25%
Molybdenum	10 mcg	200%
Iodine	150 mcg	300%
Biotin	100 mcg	200%
Pantoic Acid	10 mg	200%
Niacin	20 mg	400%
Thiamine	10 mg	200%
Riboflavin	10 mg	200%
Inositol	100 mg	200%
Choline	100 mg	200%
Phosphorus	100 mg	200%
Magnesium	100 mg	200%
Sulfur	100 mg	200%
Silica	100 mg	200%
Vanadium	10 mg	200%
Cobalt	10 mcg	200%
Strontium	10 mg	200%
Barium	10 mg	200%
Lithium	10 mg	200%
Sodium	10 mg	200%
Potassium	10 mg	200%
Calcium	10 mg	200%
Magnesium	10 mg	200%
Iron	10 mg	200%
Zinc	10 mg	200%
Copper	10 mg	200%
Manganese	10 mg	200%
Selenium	10 mg	200%
Chromium	10 mg	200%
Molybdenum	10 mg	200%
Iodine	10 mg	200%
Biotin	10 mg	200%
Pantoic Acid	10 mg	200%
Niacin	10 mg	200%
Thiamine	10 mg	200%
Riboflavin	10 mg	200%
Inositol	10 mg	200%
Choline	10 mg	200%
Phosphorus	10 mg	200%
Magnesium	10 mg	200%
Sulfur	10 mg	200%
Silica	10 mg	200%
Vanadium	10 mg	200%
Cobalt	10 mg	200%
Strontium	10 mg	200%
Barium	10 mg	200%
Lithium	10 mg	200%
Sodium	10 mg	200%
Potassium	10 mg	200%
Calcium	10 mg	200%
Magnesium	10 mg	200%
Iron	10 mg	200%
Zinc	10 mg	200%
Copper	10 mg	200%
Manganese	10 mg	200%
Selenium	10 mg	200%
Chromium	10 mg	200%
Molybdenum	10 mg	200%
Iodine	10 mg	200%
Biotin	10 mg	200%
Pantoic Acid	10 mg	200%
Niacin	10 mg	200%
Thiamine	10 mg	200%
Riboflavin	10 mg	200%
Inositol	10 mg	200%
Choline	10 mg	200%
Phosphorus	10 mg	200%
Magnesium	10 mg	200%
Sulfur	10 mg	200%
Silica	10 mg	200%
Vanadium	10 mg	200%
Cobalt	10 mg	200%
Strontium	10 mg	200%
Barium	10 mg	200%
Lithium	10 mg	200%
Sodium	10 mg	200%
Potassium	10 mg	200%
Calcium	10 mg	200%
Magnesium	10 mg	200%
Iron	10 mg	200%
Zinc	10 mg	200%
Copper	10 mg	200%
Manganese	10 mg	200%
Selenium	10 mg	200%
Chromium	10 mg	200%
Molybdenum	10 mg	200%
Iodine	10 mg	200%
Biotin	10 mg	200%
Pantoic Acid	10 mg	200%
Niacin	10 mg	200%
Thiamine	10 mg	200%
Riboflavin	10 mg	200%
Inositol	10 mg	200%
Choline	10 mg	200%



## PERFORMANCE ZMA

SUPPLEMENT FACTS		
Serving Size : 2 Capsules Serving Per Container : 30		
Amount Per Serving		%RDA*
Magnesium (From Magnesium Aspartate)	340 mg	100%
Zinc (From Zinc Mono-L-methionine and Zinc Aspartate)	12 mg	100%
Vitamin B6 (Pyridoxine HCl)	2 mg	100%



## PERFORMANCE L-ARGININE

support athletic endurance  
support recovery  
helps to maintain heart health

SUPPLEMENT FACTS		
Serving Size : 2 Capsules Serving Per Container : 30		
Amount Per Serving		%RDA*
Energy	1.08 Kcal	0.04%
Fat	0 g	0.0%
Carbohydrates	0.27 g	**
Protein	0 g	0.0%
L-Arginine	2000 mg	**



## PERFORMANCE TESTO BOOSTER

Improve Strength, Stamina, Vigor & Vitality  
Optimizes Male Performance & Muscle Growth  
Enhance Energy, Focus & Strength

SUPPLEMENT FACTS		
Serving Size : 2 Capsules Serving Per Container : 30		
Amount Per Serving		%RDA*
Tribulus Terrestris (Gokhru) Extract	200 mg	**
Panax Ginseng	100 mg	**
Withania Somnifera (Ashwagandha) Extract	100 mg	**
Mucuna Pruriens (Kaunthi) Extract	200 mg	**
Chlorophytum Balyanum (Safeed Musli) Extract	100 mg	**
Asparagus Racemosus (Shatavan) Extract	60 mg	**
Bulb Monoposma (Painhi) Extract	50 mg	**
Anacyclus Pyrethrum (Aankaria) Extract	25 mg	**



## LIVER SUPPORT

Support Healthy Liver Function  
Helps Regulating Liver Fatty Acid  
Helps Treating Toxicity

SUPPLEMENT FACTS		
Serving Size : 15 ml (2 Teaspoon) Serving Per Container : 20		
Amount Per Serving		%RDA*
Milk Thistle Extract (Silymarin 80%)	300 mg	**
Dandelion Extract (10:1)	100 mg	**
Kasshi (Cichorium Intybus) Root Extract	100 mg	**
Turmeric Root Extract (10:1)	30 mg	**
Amla (Phyllanthus emblica) Fruit Extract	25 mg	**
Licorice (Glycyrrhiza glabra) Root Extract	25 mg	**
Vitamin E	10 mg	100%



## CLA

Supports Weight Management  
Help Develops Lean Muscles  
Inhibits Fat Creation And Storage

SUPPLEMENT FACTS		
Serving Size : 2 Capsules Serving Per Container : 30		
Amount Per Serving		%RDA*
Energy	9 Kcal	0.39%
Protein	0.0 g	0.0%
Carbohydrate	0.0 g	**
Fat	1 g	4%
CLA (conjugated linoleic Acid)	1000 mg	**



## BIOTIN

Helps Promote Hair Growth  
Helps Reduce Nail Roughness  
Helps Bring Glow to Skin

SUPPLEMENT FACTS		
Serving Size : 1 Tablet Serving Per Container : 60		
Amount Per Serving		
Biotin	1000 mcg	



## FLAXSEED OMEGA-3

1000MG  
Improve Muscle And Ligament Damage  
Enhance Joint Flexibility  
For Osteoarthritis

SUPPLEMENT FACTS		
Serving Size : 1 Tablet Serving Per Container : 60		
Flaxseed omega -3 - 1000mg	Amount Per Serving	%RDA*
Calorie (Approx Value)	9.3 Kcal	0.3
Energy	0.76 g	
Fats	0.09 g	
Saturated Fat	0.6 g	
Polysaturated Fat	0.07 g	
Monosaturated Fat	0 g	
Trans Fat	0 mg	
Cholesterol	0 mg	
Sodium	0 mg	
Protein	0 g	
Carbohydrates	0 g	
Flaxseed Oil	1000 mg	**



## CALCIUM MAGNESIUM ZINC

Calcium Citrate Malate +vitamin D+  
Magnesium + Zinc

SUPPLEMENT FACTS		
Serving Size : 1 Tablet Serving Per Container : 60		
Calcium + Magnesium + Zinc		
Calorie (Approx Value)	Amount Per Serving	%RDA*
Energy	0.92 Kcal	
Fats & its derivatives	0.00 g	
Protein	0.00 g	
Carbohydrates	0.23 g	
Calcium Citrate Malate	100 mg	40%
Zinc (As Zinc Sulphate)	12 mg	100%
Magnesium (As Magnesium Sulphate)	10 mg	2.9%
Vitamin D2 (Ergocalciferol)	400 IU	100%
Vitamin B12 (Cyanocobalamin)	1 mcg	100%

### VITAMIN C COMPLEX 1000 MG



SUPPLEMENT FACTS	
Serving Size: 1 Tablet Amount Per Serving	
<b>Calories (Approx Value)</b>	<b>0.68</b>
Energy	0.68 Kcal
Fats & its Derivatives	0 g
Protein	0 g
Carbohydrates	0.17 g
<b>%RDA</b>	
Phyllanthus Emblica (amla)	480 mg
Orange Extract	480 mg
Ascorbic Acid (vitamin C)	40 mg
Zinc Sulphate	10 mg
	33.34%

\*\*Recommended Daily Allowances (RDA) Not Established  
This Product Is Not Intended To Diagnose, Any Disease.

### CURCUMIN COMPLEX 1700 MG



SUPPLEMENT FACTS	
Serving Size: 1 Tablet Amount Per Serving	
<b>Calories (Approx Value)</b>	<b>2</b>
Energy	2 Kcal
Fats & its Derivatives	0 g
Protein	0 g
Carbohydrates	0.53 mg
<b>%RDA</b>	
Curcuma Longa Root Extract 5% (Turmeric)	1000 mg
Curcumin C3 Complex (Curcumin)	500 mg
Atandiloid to +95% curcuminoids	100 mg
Cross Quadrangular	100 mg
Ginger Root Extract	100 mg
Piperine 95% (Black Pepper Extract)	10 mg

### SUPER SKIN



SUPPLEMENT FACTS	
Serving Size: 1 Capsule Amount Per Serving	
<b>Calories (Approx Value)</b>	<b>0.72</b>
Energy	0.72 Kcal
Fats & its Derivatives	0 g
Protein	0 g
Carbohydrates	0.16 g
<b>%RDA</b>	
L-Glutathione	400 mg
Alpha-Lipoic acid	50 mg
Grape Seed Extract	50 mg
Vitamin C (L-Ascorbic Acid)	80 mg
Vitamin E (D-Alpha Tocopheryl Acetate)	10 mg
Vitamin B7 (D-Biotin)**	40 mcg
Excipients	q.s.

### IMMUNITY MULTI VITAMIN



SUPPLEMENT FACTS	
Serving Size: 1 Tablet Amount Per Serving	
<b>Calories (Approx Value)</b>	<b>1.24</b>
Energy	1.24 Kcal
Fats & its Derivatives	0 g
Protein	0 g
Carbohydrates	0.31 mg
<b>%RDA</b>	
Tribulus Terrestris (45% Saponins)	1000 mg
Eleuthero Root (Eleutherococcus)	400 mg
Ashwagandha Extract	800 mg
Ginseng Extract 20%	20 mg
Saffron Root Extract	20 mg
Ginkgo Biloba Extract	40 mg
L-Citrulline	20 mg
Fenugreek Extract	300 mg

### FYTIKA LET IT MELT



SUPPLEMENT FACTS	
Serving Size: 1 Tablet Amount Per Serving	
<b>Calories (Approx Value)</b>	<b>0.68</b>
Energy	0.68 Kcal
Fats & its Derivatives	0 g
Protein	0 g
Carbohydrates	0.17 g
<b>%RDA</b>	
Phyllanthus Emblica (amla)	480 mg
Orange Extract	480 mg
Ascorbic Acid (vitamin C)	40 mg
Zinc Sulphate	10 mg
	33.34%

\*\*Recommended Daily Allowances (RDA) Not Established  
This Product Is Not Intended To Diagnose, Any Disease.

### VITAMIN D3



SUPPLEMENT FACTS	
Serving Size: 1 Tablet Amount Per Serving	
<b>Calories (Approx Value)</b>	<b>1.24</b>
Energy	1.24 Kcal
Fats & its Derivatives	0 g
Protein	0 g
Carbohydrates	0.31 mg
<b>%RDA</b>	
Citrus Bioflavonoids 10%	10 mg
Vitamin K2 (MK-7) (Menaquinone)	55 mcg
Vitamin D3 (Cholecalciferol)	400 IU
Vitamin B12 (Cyanocobalamin)	1 mcg

### MELATONIN



SUPPLEMENT FACTS	
Serving Size: 1 Tablet Amount Per Serving	
<b>Calories (Approx Value)</b>	<b>1.84</b>
Energy	1.84 Kcal
Fats & its Derivatives	0 g
Protein	0 g
Carbohydrates	0.46 mg
<b>%RDA</b>	
Taper (Valeriana Wallichii)	125 mg
Melatonin	5 mcg
Vitamin B6	2 mg
Excipients	q.s.

### VITAMIN-C CHEWABLE 500MG



SUPPLEMENT FACTS	
Serving Size: 1 Tablet Amount Per Serving	
<b>Calories (Approx Value)</b>	<b>0.4</b>
Energy	0.4 Kcal
Fats & its Derivatives	0 g
Protein	0 g
Carbohydrates	0.1 g
Vitamin C	500 mg
Zinc Sulphate	10 mg

This product is not intended to diagnose, treat, cure or prevent any disease. CONTAINS ADDED FLAVOUR - NATURE IDENTICAL FLAVOURING SUBSTANCE. FOOD FOR SPECIAL DIETARY USE.

Supplement Facts		
Nutrition Information		%DV*
Energy	0.64 kcal	0.01%
Protein	0.150 g	0.301%
Carbohydrate	0 g	
Fat	0 g	
<b>Composition</b>		
Each Vegetarian Capsule Contains:		
Maltodextrin (Maltodextrin monohydrate 400)	150mg	1.67%
Water (Kao (Potassium Hydroxide) DC)	50mg	0.00%
Peppermint	250mg	
Crystalline		
Peppermint Extract	100mg	

\*%DV Values May Vary Slightly

# NUTRACEUTICALS & SUPPLEMENTS

Category	Substances / Products
A. Vitamins	<ul style="list-style-type: none"> <li>- Vitamin A (retinol, beta-carotene)</li> <li>- Vitamin B complex (B1–B12)</li> <li>- Vitamin C (ascorbic acid)</li> <li>- Vitamin D (D2, D3)</li> <li>- Vitamin E (tocopherol)</li> <li>- Vitamin K (K1, K2)</li> </ul>
B. Minerals	<ul style="list-style-type: none"> <li>- Calcium</li> <li>- Iron (ferrous sulphate, fumarate)</li> <li>- Magnesium</li> <li>- Zinc</li> <li>- Potassium</li> <li>- Selenium</li> <li>- Iodine</li> <li>- Chromium</li> </ul>
C. Multivitamin & Multimineral	<ul style="list-style-type: none"> <li>- Daily health supplements</li> <li>- Prenatal/postnatal formulations</li> <li>- Geriatric complexes</li> <li>- Immune-boosting blends</li> </ul>
D. Herbal & Botanical Extracts	<ul style="list-style-type: none"> <li>- Turmeric/Curcumin</li> <li>- Ashwagandha</li> <li>- Ginkgo biloba</li> <li>- Milk thistle</li> <li>- Ginseng</li> <li>- Garlic extract</li> <li>- Green tea extract</li> <li>- Aloe vera</li> </ul>
E. Amino Acids & Protein Supplements	<ul style="list-style-type: none"> <li>- Essential amino acids (EAAs)</li> <li>- Branched-chain amino acids (BCAAs)</li> <li>- L-glutamine</li> <li>- L-arginine</li> <li>- Whey protein isolate/concentrate</li> <li>- Collagen peptides</li> </ul>
F. Omega & Fatty Acid Supplements	<ul style="list-style-type: none"> <li>- Omega-3 (EPA, DHA)</li> <li>- Omega-6 &amp; Omega-9</li> <li>- Evening primrose oil</li> </ul>
G. Probiotics & Prebiotics	<ul style="list-style-type: none"> <li>- Lactobacillus &amp; Bifidobacterium strains</li> <li>- Saccharomyces boulardii</li> <li>- Inulin, FOS (Fructooligosaccharides)</li> </ul>
H. Bone & Joint Health	<ul style="list-style-type: none"> <li>- Glucosamine</li> <li>- Chondroitin</li> <li>- MSM (Methylsulfonylmethane)</li> <li>- Calcium with Vitamin D</li> <li>- Vitamin K2 + Magnesium complexes</li> </ul>
I. Immune Support	<ul style="list-style-type: none"> <li>- Elderberry extract</li> <li>- Echinacea</li> <li>- Zinc lozenges</li> <li>- High-dose Vitamin C formulations</li> </ul>
J. Energy & Performance Boosters	<ul style="list-style-type: none"> <li>- Coenzyme Q10 (CoQ10)</li> <li>- Creatine monohydrate</li> <li>- Caffeine + L-theanine</li> <li>- Adaptogens (Rhodiola, Maca root)</li> </ul>
K. Weight & Digestive Health	<ul style="list-style-type: none"> <li>- Garcinia cambogia</li> <li>- Green coffee bean extract</li> <li>- Apple cider vinegar tablets</li> <li>- Digestive enzyme blends</li> </ul>

# INNOVATION MEETS NATURE

At PODS Nutraceutical, innovation is driven by evidence-based science and consumer-centric product development. Our R&D team is continuously exploring new ingredients, delivery systems, and functional blends to deliver maximum efficacy, bioavailability, and safety.



# GUMMIES BY PODS: INNOVATION MEETS NUTRITION

At **PODS Health**, we believe that **nature holds the key to holistic well-being**. Our nutraceutical division is rooted in the idea that **food can serve as powerful medicine**, blending the best of **nutrition and pharmaceutical science to create products that support preventive health and targeted therapeutic care**.



The term “nutraceutical”, coined by Dr. Stephen DeFelice in 1989, combines the words nutrition and pharmaceutical. As defined by the U.S. FDA, a nutraceutical is any substance that is a food or part of a food that provides medical or health benefits, including the prevention and treatment of disease.

# MANUFACTURING EXCELLENCE

Our gummies are manufactured in FDA-approved facilities, equipped with state-of-the-art machinery and technology. Every stage—from ingredient sourcing to packaging—is designed to meet the highest global standards for safety, hygiene, and efficiency.

# ONE-STOP FORMULATION SHOP

We offer complete formulation flexibility, catering to:

- **Single-ingredient products**
- **Generic formulations**
- **Custom, proprietary blends**

Available in multiple dosage forms:

- **Gummies**
- **Capsules**
- **Tablets**
- **Liquids**
- **Powders**



# FLAVOUR OPTIONS

We provide a wide spectrum of natural and artificial flavour options to enhance consumer experience:

- **Natural Flavours** - Extracted directly from natural sources (fruits, herbs, etc.)
- **With Other Natural Flavours (WONF)** - A blend of natural compounds
- **Artificial Flavours** - Synthetically produces or nature-identical compounds

# TESTING & QUALITY ASSURANCE

All our gummies undergo independent third-party testing to ensure they meet global safety and quality benchmarks. Testing includes:



- GMP Compliance
- Gluten-Free Certification
- Potency Verification
- Microbial Contaminant testing
- Heavy Metals & Allergen Screening

# WHY CHOOSE **PODS** FOR **GUMMIES?**



# RANGE & VARIETY

We offer one of the most comprehensive gummy portfolios in the industry, categorized to meet every consumer need—from daily wellness to advanced functional care.



## ① Regular Gummies

- Multivitamin Gummies
- Energy Booster Gummies
- Hair, Skin & Nail Gummies

## ② Advanced Gummies

- Immunity Booster Gummies
- Daily Wellness Gummies
- Hair, Skin & Nail Gummies (Enhanced Formulas)
- Multivitamin Complex Gummies

## ③ Basic & Foundation Categories

- Oil-Based Gummies (Omega-3, Vitamin D)
- Fiber Gummies
- Weight Loss Gummies
- Herbal & Ayurvedic Gummies
- Vegan, Sugar-Free & Low-Sugar Options
- Pectin-Based Gummies for plant-based needs

## ④ Primary Innovation Categories

- Apple Cider Vinegar Gummies
- Melatonin Gummies
- Fertility Support Gummies
- Pet Care Gummies

# CATEGORIES PHARMACEUTICAL INGREDIENTS (APIS)

CATEGORY	SUBSTANCES/PRODUCTS
<b>Antibiotics</b>	Penicillins (amoxicillin, penicillin G)
	Cephalosporins (ceftriaxone, cefuroxime)
	Macrolides (azithromycin, erythromycin)
	Fluoroquinolones (ciprofloxacin, levofloxacin)
	Tetracyclines (doxycycline)
<b>Antivirals</b>	Nucleoside analogues (acyclovir, zidovudine)
	Protease inhibitors (ritonavir)
	Antiretrovirals (lamivudine, efavirenz)
	Hepatitis antivirals (sofosbuvir)
<b>Antifungals</b>	Azoles (fluconazole, ketoconazole)
	Polyenes (amphotericin B)
	Echinocandins (caspofungin)
<b>Analgesics &amp; Antipyretics</b>	Paracetamol (acetaminophen)
	Ibuprofen
	Diclofenac
	Naproxen
	Aspirin
<b>Anti-inflammatory Agents</b>	NSAIDs (indomethacin, piroxicam)
	Corticosteroids (dexamethasone, prednisolone)
<b>Cardiovascular APIs</b>	Beta blockers (atenolol, metoprolol)
	ACE inhibitors (enalapril, lisinopril)
	Calcium channel blockers (amlodipine, verapamil)
	Diuretics (furosemide, hydrochlorothiazide)
	Statins (atorvastatin, simvastatin)
<b>Antidiabetics</b>	Biguanides (metformin)
	Sulfonylureas (glibenclamide)
	DPP-4 inhibitors (sitagliptin)
	Insulins (various types)
<b>CNS Agents</b>	Antidepressants (fluoxetine, sertraline)
	Antipsychotics (haloperidol, risperidone)


CATEGORY	SUBSTANCES/PRODUCTS
	Antiepileptics (phenytoin, carbamazepine)
	Sedatives and anxiolytics (diazepam, lorazepam)
<b>Gastrointestinal APIs</b>	Proton pump inhibitors (omeprazole, pantoprazole)
	H2 blockers (ranitidine, famotidine)
	Antiemetics (metoclopramide, ondansetron)
<b>Respiratory APIs</b>	Bronchodilators (salbutamol, formoterol)
	Inhaled corticosteroids (budesonide, fluticasone)
<b>Anticancer APIs</b>	Alkylating agents (cyclophosphamide)
	Antimetabolites (methotrexate, fluorouracil)
	Taxanes (paclitaxel)
	Monoclonal antibody-based APIs
<b>Hormones &amp; Endocrine APIs</b>	Thyroid hormones (levothyroxine)
	Corticosteroids (hydrocortisone)
	Sex hormones (estradiol, testosterone)
	Insulin analogues
<b>Vitamins &amp; Nutritional APIs</b>	Vitamin B complex (B1, B6, B12)
	Vitamin C (ascorbic acid)
	Vitamin D3 (cholecalciferol)
	Folic acid
	Multimineral combinations
<b>Antimalarials &amp; Anti-parasitics</b>	Artemisinin and derivatives (artemether, artesunate)
	Chloroquine, quinine
	Albendazole, mebendazole
<b>Immunological APIs</b>	Vaccines (bulk antigens)
	Immunoglobulins
	Adjuvants (used in vaccine formulations)



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